

Minutes of the 11th AOASO Council Meeting

**On the Occasion of the 4th Asia-Oceania Conference on Obesity
Seoul, Korea**

- **Place: Ida Room 2 (Lower Lobby), Sheraton Grande, Walkerhill**
- **Date/Time: February 10, 2007 (Saturday) / 12:30~14:30 pm**

Present		
Prof. Yuji Matsuzawa	President, JASSO	President, AOASO (2006-2010) Regional Vice President, IASO
Prof. Ian Caterson	Immediate past President, AOASO	
Prof. Shuji Inoue	Past President, AOASO (1998-2002)	Editor-in-Chief of Official Journal
Prof. Gary Wittert	Representative of ASSO	Vice-President, AOASO (2006-2010)
Prof. Chih-Jen Chang	President, TMASO (2003-2009)	Secretary General, AOASO (2006-2010)
Dr. Rosa Allyn G. Sy	President, PASOO	Treasurer, AOASO
Prof. Woong Hwan Choi	President, KSSO	
Prof. Gary Ko	Vice president, HKASO	On behalf of Dr. Francis Chow, PR
Prof. Mohd Ismail Noor	President, MASO	
Dr. Chung Horn Lee	Vice President, SASO	On behalf of Prof Cheah Jin Seng
Dr. Rajesh Parekh	Treasurer, AIAARO (VP, elect)	On behalf of Dr Rama Vaidya
Prof. Elaine Rush	ASSO-New Zealand	
Dr. Tim Gill	Regional coordinator, IOTF	Regional coordinator, IOTF
Prof. Arne Astrup	President, IASO	President, IASO (2006-2010)
Prof. Stephan Rossner	Chair manager, IOTF	Chair manager, IOTF
Observers		
Dr. Kyu Rae Lee,	Public Relation, KSSO	PR, 4th AOCO, Seoul 2007
Dr. Yi-Ching Yang	Secretary General, TMASO	
Dr. Hironobu Yoshinotsu	International Committee, JASSO	
Apologies		
Dr. Rachmad Soegih	President, ISSO	
Prof. Apichati Vichayanrat	President, TSSO	

I. Apologies:

Prof. Apichati Vichayanrat, President of TSSO;

Dr. Rachmad Soegih, President of ISSO

II. Approval of the Minutes of the 9th AOASO Council Meeting (September 8, 2006 in Sydney, Australia)

The minutes of the 10th Council meeting were adopted on the proposal of Mrs Sanirose Orbeta, (on behalf of Prof. Augusto D. Litonjua---immediate past Secretary General, AOASO & President, PASOO) Seconded by Prof. Ian Caterson (immediate past President, AOASO)

III. Self-introduction of Council members

IV. Future activities of AOASO

1. AOASO Obesity Course:

Prof Caterson: we need to set up our own certification and education program of SCOPE because the original differences between different regions. (to be discussed later after Prof Astrup and Prof. Rossner' are present in the meeting)

2. Declaration of AOASO Seoul Forum:

- 1) In terms of putting into action and producing documentation, to get paper from each presenter from Forum and put them in the journal (IJO or our AOASO official journal) and together with Declaration (Idea from KSSO).
- 2) These published data are needed to be approved by each country council meeting.
- 3) Prof. Caterson suggests having a database to look at what different countries are doing and reminds presenter should be the author and remember to write it from a national view rather than a personal view.
- 4) To put them in our journal with regular or additional issue (supplement) and these papers will be through regular review process and also reviewed by their own country council meeting.

3. Journal:

- 1) Prof. Inoue & Prof. Wittert: 1st issue had been already published in this month (8 papers), 2nd issue: 3 papers accepted, 3 papers in process and deadline for paper submission is 8th March. This will appear six weeks later in April. The leader of Elsevier has changed and we are not familiar with him. Elsevier didn't show up in this conference and nor did they send any copies for promotion.
- 2) Prof. Caterson suggest this council write to Elsevier that we are disappointed since the first issue of the regional journal had been published and there was a perfect opportunity to get publicity, subscriptions and new articles for the journal, but they did not come to the recent AOASO meeting, nor did they send any copies of the journal.

4. Newsletters:

- 1) We need Newsletter to contact members of association, especially for secretary

general, who is the current council member of each country; what are the activities they organized. However, we don't have financial support yet, we can distribute via electric form first instead of formal newsletter. Editor-in-Chief, Prof. Inoue suggests AOASO official journal---Obesity Research and Clinical Practice probably offer 2 or 3 pages free of charge for information of local societies/ association. Secretary General may collect the news or information from each country and send to the editing office.)

5. Financial support:

- 1) Two major financial resources: one is from publishing journal and the other is from conference organizer (Prof. Caterson)
- 2) For future organizer of AOCO: Fifty percent of net benefit is standard when reported to IASO, but we can sit back and negotiate and compromise for each meeting for our region if necessary. Now we should make this rule from next meeting.
- 3) Prof. Wittert suggests deciding a fixed amount should be paid to the organization acting as secretary per year e.g.: 5000 USD.
- 4) Other possible funding raising resources from industrial or education courses.
- 5) President of IASO Prof. Astrup also provided the experience of raising funds in IASO: To have a committee and get a long list of sponsors for reference, including Pharmaceutical companies, exercise equipment companies, food companies, weight management companies. Go to the website to check their marketing and policy. Through the process to know the possible sponsors.

V. Decision for the place for the AOCO 2009

1. Bidding presentation:

- 1) from Hong Kong by Gary Ko, VP, HKASO
- 2) from India by Dr. Rajesh Parekh, VP elect, AIAARO.

2. HK:

- 1) Joint Conference as: 5th AOCO and 11th East-meets-West (EmW) Symposium
- 2) EmW Symposium: "Hong Kong Diabetes and Cardiovascular Risk Factors – East Meets West Symposium" Annual conference held in Hong Kong since 1999; 9th in this year (2007) and 11th in 2009 ;Scientific conference on Diabetes and Cardiovascular Diseases Risk Factors; jointly organized by: CUHK 、HKASO 、 Hong Kong Atherosclerosis Society (HKAS) 、 Hong Kong foundation for Research and Development in Diabetes (HKFRDD) 、 Hong Kong Institute of Diabetes and Obesity (HKIDO) 、 Asian Pacific Society of Atherosclerosis and Vascular Disease (APSAVD)
- 3) Proposed date: 1- 4 October 2009 (Thursday - Sunday)
- 4) Venue: Hong Kong Convention & Exhibition Centre (HKCEC), Hong Kong SAR
- 5) Expected Attendance: 900 attendance: 200-300 overseas (20-35%), 600-700 local

3. India:

- 1) City: Mumbai(Bombay): Centrally Located in India, Safest City in India, Connected by all modes of Transportation, Excellent Infrastructure, Commercial Hub of India
 - 2) Candidate Venues: (1)N.C.P.A.(National Centre for Performing Arts); (2) Hilton Towers; (3) Renaissance Hotel & Convention Centre (4) The Grand Hyatt
 - 3) Proposed date: 6th to 8th/13th to 15th Feb.2009
 - 4) Economically Viable, Culturally Attractive, Vast pool of resources & expertise
 - 5) Estimated Total expenses: 4,58,240 USD
4. Decision of final vote: **AOCO 2009 will be held in India.**

VI. Any other business

Introduction for SCOPE by Prof. Astrup (President, IASO) and, Prof. Rossner (Chair manager, IOTF)

1. OBJECTIVES of SCOPE

- 1) To recognise experts in the management of obesity
- 2) To enhance the quality of obesity education
- 3) To Improve the treatment of the obese and overweight patient

2. INTEREST GROUPS

- 1) Currently SCOPE is focusing on IASO affiliated National Obesity Associations;
- 2) It is expected that SCOPE will expand to include: Nurses, Dieticians, Pharmacists, Paramedics

3. STRUCTURE

- 1) Piloted within Europe since 2003. Expanding to Asia and Latin America (in Spain) in 2006/2007
- 2) Fellows Scheme acknowledges renowned experts in the field of obesity management using strict criteria
- 3) Membership Scheme acknowledges clinicians who have participated in continuing medical education events in obesity management
4. Collaboration with local expert and content could be translated to local language considering different tradition and culture.
5. From conventional textbook to web-based, evidence based, free of charge and continuous updated learning, pass the examination and get the certification.

VII. Next meeting

2008, May between 14th- 17th, Geneva, Switzerland

Prof. Matsuzawa declared the meeting closed at 2:30 pm.

Minutes prepared by:

Dr. Yi-Ching Yang, Secretary General, Taiwan Medical Association for the Study of Obesity (TMASO)
(on behalf of Prof. Chih-Jen Chang, Secretary, AOASO & President of TMASO)

Seconded by Prof. Matsuzawa, President of AOASO