

**Minutes of the AOASO Council Meeting
held on the occasion of the 14th European Congress on Obesity
Room Ianis Xenakis, Megatron Concert Hall
Athens Greece / June 2, 2005**

Present:

Prof. Ian Caterson (AASO), President AOASO
Professor Shuji Inoue, (Past President-AOASO)
Elizabeth Paz-Pacheco, MD (PASOO) – for Prof. Augusto D. Litonjua, Secretary, AOASO)
Dr. Yoshimatsu – representing Dr. Matsuzawa, JASSO President
Prof. Chang Chih Jen, President, Taiwan Association for the Study of Obesity (TASO)
Prof. Hyung Joon Yoo, President, KSSO
Dr. Tim Gill, Regional Coordinator IOTF

Apologies:

Prof. Mohd Ismail Noor (MASO), Vice-President, AOASO
Prof. Augusto D. Litonjua (PASOO), Secretary, AOASO
Dr. Matsuzawa - President, JASSO
Dr. Hwa-Yen Liu, President, CTASO
Prof. Askandar Tiokropawiro – President, ISSO
Council member representing Singapore Association for the Study of Obesity (SASO)
Gary Ko, VP HKASO
Dr. Apichati Vichayanrat - TASO

Others Present:

Dr. Andi Wijaya - representing ISSO
Indriyanti RS. – representing ISSO
Dr. Park – Gen. Sec, KSSO
Dr. Han – Vice-Chair, KSSO
Ching Hsing Wu – Gen. Secretary, TMASO

The meeting was called to order by the President at approximately 0715 Hrs.

The agenda was approved as presented.

I. Apologies

- a. Prof. Ismail Noor will be attending the IASO Ethics committee meeting, thus cannot attend the meeting.
- b. Prof. Augusto D. Litonjua, Secretary - AOASO could not attend the 14th ECO, Elizabeth Paz-Pacheco, MD will act as the secretary during the council meeting and represent PASOO.
- c. Prof. Matsuzawa JASSO President cannot attend the 14th ECO and is sending Dr. Yoshimatsu, Council member to represent him in the meeting.
- d. Prof. Gary Ko, VP-HKASO cannot attend the 14th ECO. No member can represent HKASO.
- e. Prof. Hwa Yen Liu, CTASO President cannot attend the 14th ECO. No member can represent CTASO.
- f. Prof. Askandar Tiokropawiro, ISSO President will be represented by Dr. Andi Wijaya & Indriyanti RS.
- g. Dr. Apichati Vichayanrat, President TASO cannot attend the meeting.

II. Approval of the Minutes of the 8th AOASO Council Meeting:

The minutes of the last meeting were approved by Prof. Caterson with no corrections.

III. Business Arising from the Minutes:

Prof. Caterson congratulated Taiwan for the excellent meeting last February 2005.

1. AOASO Regional Obesity Journal

Elsevier, based in Singapore proposed the publication of AOASO Regional Obesity Journal.

Some of the items in their proposal are as follows:

- Individual payment cost US\$60/year
- Year 1 - US\$250 institutional price or 26,000 Japanese yen.
- Gradual increase in price except for members over 5 yrs period. 7% increase for the first 5 years
- 4 issues a year, 80 pages / issue
- AOASO will be paid 10% royalty fee of the total income, except member subscriptions
- Discount for institutional price for certain countries, i. e China and India
- Elsevier will underwrite all costs and support the editorial office with an annual payment US\$12,000 increasing by 5% every year.
- In return, AOASO gets the copyright of 2005 AOASO Journal, we will give them the full rights of publication, distribution and promotion
- Policies and procedures: Editors will be appointed and maybe replaced by the AOASO council.
- Publisher will directly in send in bulk to member societies the issues of the journal and notices of subscription, renewals. Individual member subscription will be for personal interest.
- 4 pages will be provided/allotted for the promotion of AOASO activities
- Journal to start middle of next year. Agreement is for 3 years, renewable every 3 years

Prof. Caterson requested Prof. Litonjua to circulate/send the proposal to all member countries for their final review and comments, deadline is end of June. Prof. Caterson and the 2 editors will proceed with the negotiation with Elsevier if no comments/ major issues received after June 30, 2005.

All were happy and agreed to appoint the 2 editors. Interim editors are Prof. Inoue from Japan and Prof. Gary Wittert from Adelaide Australia. Editors will be appointed for 3 years, co-terminus with the contract with Elsevier.

Dr. Tim Gill asked about the possibility of negotiating for the publication of abstracts from member society meetings. Prof. Caterson has inquired about ICO 2006

Prof. Caterson called for nominations for the editorial board position, at least 1 member from each country and submission of at least 1 paper per year.

IV. Regional Obesity Course (COPEA/SCOPE)

Dr. Philips James cannot attend this meeting to explain about SCOPE.

Dr. Tim Gill recalled from the last meeting that AOASO requested them to run a medical training similar to SCOPE. Philippines has established its own program for the postgraduate course.

SCOPE was developed in Europe, Dr. Tim Gill believes that per se, it is not necessarily the best course for the Asian region. On that basis, he will try to find information to determine whether a modified version of SCOPE may be more appropriate for the region.

SCOPE involves the development a number of key people within each country in Europe. IASO plans for the education program to operate on 3 levels:

- Top level – senior fellows (eg Prof. Rossner, Prof. Van Gaal)
- 2nd level – medical practitioner
- 3rd level – nurses, dietitians & pharmacist

IASO is very keen to engage the region into an international program. A regional education course will be carried out. Prof. Caterson again called for nominations from each member country to work with Prof. Tim Gill. One nomination from Malaysia was received.

VI. Indonesia Report on the Progress of Preparations for AOASO 2007

The 4th Asia-Oceania Conference on Obesity will be held in Kartika Plaza, Tuban, Bali Indonesia. Proposal for date is May since it is the best season for tourists in Bali, Indonesia. Main topic/theme is "Forging Effective Strategy to Combat Obesity and Metabolic Syndrome: Asia-Oceania Perspectives.

The conference will be supported by :

- a. The Indonesia Society of Endocrinology
- b. Indonesian Society of Atherosclerosis and Vascular Diseases
- c. Indonesia Society of Clinical Nutrition (ICN)

They are in the stage of preparing the hotel and conference facilities in Bali and inviting speakers. Abbott, Roche, Merck and Sanofi have confirmed their sponsorship commitments for the conference. Prof. Caterson suggested the signing of the agreement between ISSO and AOASO. He is hoping that we can save money to fund an educational regional activity and to provide travel scholarships.

ISSO would like to invite AOASO council members for their international advisory board.

ISSO Advisory Board

Members: Slamet Suyono, MD
Askandar Tjokropawiro, MD
H. R. Rachmad Soegih, MD

Organizing Committee:

Chairman: Sidartawan Soegondo, MD, Ph.D
Vice Chair: Ketut Swastika MD, PhD
Secretary: Fiastuti Witjaksono, MD
Treasurer: Pauline Endang, MD

Scientific Committee

Chairman Andi Wijaya, PhD
Vice-Chair Widjaja Lukito, MD, PhD
Secretary Indriyanti Rafi Sukmawati

Scientific Committee

Members	John MF Adam, MD	Bambang Tridjaja, MD
	L A. Lesmana, MD, PhD	Gatot Lawrence, MD, PhD
	Bambang Mardiono, MD, PhD	Anwar Santoso, MD
	Bimanesh Sutarjo, MD, PhD	Soebagojo Adi, MD, PhD
	Aris Wibudi, MD	Rianto Setiabudi, MD, PhD
	Damayanti R. Sjarif, MD, PhD	Victor Tambunana, MD

Prof. Caterson announced that he needs a written report about the last AOASO 3rd Conference meeting in Taiwan last February 2005.

VII. Other Matters

ICO 2006

Dr. Tim Gill reminded councilors that in the regional stream at ICO, it had been suggested that there might be a special symposium in different languages. It is thought that Japan and Korea will benefit from this by having a session in their own language within the ICO meeting. This will give them the opportunity to discuss issues specific to their area.

Prof. Caterson congratulated the Philippines for their upcoming postgraduate course and Fitness Walk this year.

VIII. Next Council Meeting:

Next meeting will be held during ICO 2006 in Sydney, Australia. A teleconference meeting will have to be organized to keep in contact about the journal, ICO 2006 and SCOPE.

The meeting was adjourned at about 0815 hours.

Minutes prepared by:



Elizabeth Paz-Pacheco, MD
Secretary, Philippine Association for the Study of Overweight & Obesity (PASOO)
(on behalf of Prof. Augusto D. Litonjua - Secretary, AOASO & Pres. PASOO)